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Co-operating with the Gods from Space



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yourself-

# Color therapy

Color therapy, or chromotherapy, is the method of treating ailments through the use of color.

Color therapy can be done by shining an appropriate color on an area of the body. It can also be done through the eyes by looking at a particular color,

though this should be done with the utmost care to avoid any strain on the eyes. It is a complementary therapy, and should not be used as an alternative to professional medical care. Its results vary and cannot be guaranteed – its efficacy will in large part be dependent on the individual.

The following text on color therapy provides an introduction to the subject and gives examples of the qualities and applications of certain

colors. It has been adapted from an article by Dr. King published in 1961 in *Cosmic Voice*, Issue No. 24 (<http://www.aetherius.org/shop/cosmic-voice-issue-24/>). To find out more, please view our [Privacy Policy](https://www.aetherius.org/privacy-policy/)



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